



LION TRAVELER

Join us on an Adventure through Lionism—5M8!

NEWS FROM OUR DISTRICT GOVERNOR

As we prepare to bring this Lion year to a close, I feel compelled to express my gratitude to a number of people.

- Would like to thank PCC Frank and soon to be PCC Judy Loken for their support and leadership in assisting me this past year. They were great mentors and provided a tremendous model to follow.
- Thank you Donna Orstad for supporting me in publishing this newsletter for the benefit of the Lions of District 5M8. Also, thank you again for taking the lead on the Health Fair at the Mid Winter Convention. All of us felt it was a very successful event.
- Thank you to the committee who prepared and delivered the very successful 2010 Mid Winter Convention.
- Thank you to my club (St. Augusta Lions) for supporting me both financially and emotionally during my year as Governor.
- Thank you to all of the Cabinet Members who served this past year. When I was asked to run for District Governor, my response was that I couldn't serve without the support of a strong Cabinet. I have always been impressed of the knowledge and level of commitment of the cabinet members of 5M8.
- Thanks to all of the PID's and PDG's who have offered advice, encouragement, and support. I have asked for counsel on several occasions and I have always felt confident in the response to my requests.
- Thank you to DGE Amy and VDGE Sandy for their support as they prepared for their terms. They will both do well with their experience and level of commitment.

I apologize if I have missed anyone. There are a significant number of people who make these projects and events possible at the club level. Without these people, nothing would be possible.

One of the fond memories that Carol and I will have from this year is the **people** we have met. Your warmth and hospitality made us proud to serve. Many communities are aware of your contributions to the residents. I would continue to use that as a source of ongoing membership expansion.

As you might imagine, this has been a very active year and I believe it will be remembered as the most fulfilling task we have undertaken.

To coin a phrase “thanks for the memories.”

DG Jim and Carol



CCE Jim starts his year as Governor.



PDG Frank and DGE Amy Leidenfrost and DG Jim and Carol Diehl at Graceland.



CCE Jim at the Mid Winter Convention with Father Bob.



PCC Frank & CC Judy, Carol & CCE Jim at the MD5M Convention.



District Governor Elect's Greetings

Thank you to the Officer Training Team and especially to all the Lions who took time out of their busy lives to attend one of the sessions. Thank you to the Lions who set up the sites for officer training. We hope that everyone who attended, took home some new ideas and thoughts that they can share with their clubs.

The 2011 Mid Winter Convention Committee is planning a memorial service with pictures of deceased Lions. If your Lions Club had a deceased member since the 2010 convention in Hinckley, please forward their picture to Lion Roger Hansen ROGERH@CMFCU.ORG

PDG Frank and I are looking forward to our trip to Sydney and District Governor Elect School. After the convention, we plan to do some sight seeing in Australia. We look forward to touring with some of our Lion Friends—the Lokens, Diehls, and Essigs.

Thanks to DG Jim and Carol for the outstanding leadership and examples that they have provided District 5M-8 throughout the year. I look forward to working with CCE Jim, 1st VDGE Sandy and 2nd VDGE Dave and 5M8 Lions.

As we enter summer, please remember to keep on submitting your reports on a timely, monthly basis. Also, keep on providing the outstanding service that you provide our communities, nation and our world. Have a great summer, thanks for being Lions and for serving.

DGE Amy and Frank



SECRETARIES – PLEASE NOTE!

If you haven't done the monthly A-1 report of dollars and hours donated, please complete the annual report by June 30.

Instructions: Login to the LCI website with your member number and password

Click on "Club"

Click "Reports"

Click "Go" by the Lions Club Activity Report

Click Continue

Click "Enter New Activity Report"

Select June, 2010, then click "Go"

Click on those items that your club worked on; Community Service, Youth Opportunities, Health Activities, Other Service Activities- describe service activity in box

For each section above, enter funds donated (just numbers), hours donated, number of Lions who participated and persons directly benefited (estimate).

If it is going to take more than 20 minutes to complete the report, Click "Save Report" on the bottom before the 20 minutes, then click on "Activity Report" and "Update or Correct an Activity Report" to get back to your original report.

There is another section "Lions Foundation LCIF and Other Foundations" Insert dollars donated.

Click "Save Report" and you are done. You can go back to the page where it shows Enter New Activity Report to print a report for your files.

If you have done the A-1 report monthly, you do not have to do an annual one.

1st VDG Elect Sandy Sandwick's Viewpoint



It is amazing to realize that my term as 2nd Vice District Governor is almost over and the year of being 1VDG is about to begin. During the last year the information I have received about Lions service projects and fundraisers has really hit home as to the awesome organization of Lions. Clubs are made up of individual members so give yourselves a pat on the back for all you do as volunteers to make the local community and the world a better place.

Some of the information I have received from clubs: Kimball Lions club reported a scavenger hunt for the food shelf combined with a membership drive; Princeton and Sandstone Quarry Lions have each developed a FAQ sheet pertaining to the club level and beyond, Some clubs, like Finlayson-Giese Lions have had a free meal to thank the community for the support Lions have received, Mike Evans, St. Cloud Lions Club, reports that Lions Magazine subscriptions are bought by his club and go to the "Public Library, one to the university, and one to the State Prison. They go to a variety of places!" Every club does fantastic things in the name of Lionism; I had space to only mention a few. It is up to your club to advertise in your community.

I recently attended a business appointment with the chairperson being from my zone; when I told her I would be attending the International Lions Convention in Australia, she stated she did not know that Lions were worldwide. LIONS: WE HAVE PUBLICIZING TO DO, in all ways; our local clubs and the "community beyond the city limits". We are not a secret organization; if you are a Lion it follows that you are a Proud Lion and therefore should brag.

Clubs will have no problems getting new members when those non-Lions realize what a wonderful organization Lions is.

"Advertising says to people, "Here's what we've got. Here's what it will do for you. Here's how to get it."...Leo Burnett

ZONE CHAIRS

**A BIG thank you to the
5M8 Zone Chairs for a
great year.**



Highlights of the 2010-2011 International Theme:

A BEACON OF HOPE



Focus on Service:

During 2010-2011, districts will be encouraged to take action to grow in humanitarian service. We need to be "A Beacon of Hope" and "shine a light" on our motto "We Serve." With recent economic crises, as well as global natural, and man-made, disasters "hands on" service has become increasingly important. More than ever before there are people in need, people who need Lions. There are also people who are looking for meaning in their life and who would like to spend their time in service. In this 2010-2011 year of service we should do the following:

Shine a Light on Service

We will organize global service campaigns, using technology to show real-time results. Our campaigns will involve each and every member in meaningful service. We will attract new members by rededicating our service mission through the Service and Mission Database and promoting Adopted Service Programs.

We will actively support service strategies -

- Implement Global Service Action Campaign
- Encourage clubs to "sign" the First Service Pledge
- Read and spread the news about the International President's Service Blog
- Provide information and materials for a Service Needs assessment

Shine a Light on Public Relations

Service and effective public relations are connected. We will create an effective public relations program, utilizing the resources available on the LCI web site and publicize information about The Beacon Awards. We will also encourage clubs to establish a "signature service project."

Shine a Light on Membership

Lions are proud of what they do, of the difference they make in people's lives. By increasing the number of service projects and embedding service in the reputation of Lions Clubs International, Lions have a reason to be proud of being a Lion.

We will enhance community service projects which will increase our retention and attract new members. In addition, we will share the details of the Bright Start Award.

Shine a Light on Youth

Through implementing youth programs we will encourage youth to be service oriented and prepare them for the future. To do this we will:

- Use technology and social networking to engage and attract today's youth in service
- Establish a "Youth Ambassador"
- Spread the word about the Global Youth Music Contest
- Increase awareness of an essay contest for the blind/visually impaired youths (11-13)

Shine a Light on Leadership

Implementing service projects provides the opportunity for members to practice their leadership skills. To identify and encourage potential leaders we will:

- Promote and encourage use of the Lions Basic Mentoring Program
- Implement practical job training for club officers and zone chairpersons
- Encourage the use of online training resources (Leadership Resource Center/Lions Learning Center)
- Encourage Lions to take on leadership responsibilities
- Communicate opportunities for leadership development with new/prospective members
- Encourage participation in local training programs (Lions Leadership Institutes and Faculty Development Institutes)

Shine a Light on Giving

In addition to service, Lions give from their own resources. We need to emphasize and increase support of LCIF. To accomplish this, we will:

- Increase the understanding of LCIF's programs and their impact on individual's lives
- Promote donations to LCIF from clubs and individuals
- Work with Multiple District Chairpersons/District Chairpersons/LCIF Coordinators for donations and promotion

DISCOVERIES IN DIABETES

One step closer

Researchers approach the last hurdle to testing pig-islet transplants in humans

Diabetes researchers have taken another crucial step toward curing diabetes. This spring, scientists at the University of Minnesota Schulze Diabetes Institute (SDI) launched a pivotal pre-clinical trial testing pig islet cell transplants in monkeys. **This is the last hurdle before pig-islet transplant testing can begin in people.**

In people with type 1 diabetes, the immune system causes T-cells to attack and destroy insulin-producing cells in the pancreas. As result, the body is no longer able to regulate glucose levels, which leads to numerous complications. University of Minnesota researchers led by SDI scientific director Bernhard Hering, M.D., are testing the use of pig islets to replace the destroyed islets in humans.

Xenotransplantation—transplanting tissue from one species into another—usually results in rejection problems that are more severe than immune responses to transplants within a species. However, adult pig islets don't carry a protein that contributes to this reaction, and this is just one reason that makes them a good option for human transplantation. "This is really breaching new ground," Hering says of xenotransplantation.

Brian Flanagan, Ph.D., SDI project manager, says that pig islets offer other benefits as well. For example, pigs can be tested for many more infectious agents, he says, than are currently tested for in human donors. Also, the availability and abundance of pig islets will allow faster access to transplants for diabetics experiencing a dangerous complication known as hypoglycemia unawareness. "This is a population that has no other treatment options," Flanagan says.

Previously, SDI researchers were able to successfully implant pig islets into monkeys using immunosuppression regimens similar to those used in human organ transplants. One group of monkeys in the study produced enough insulin to control their blood sugar after the transplant.

This current pivotal trial will follow 18 monkeys that received pig islet transplants and aim to prove to the U.S. Food and Drug Administration (FDA) that the pig islets can safely reverse diabetes in humans as well. The FDA will evaluate the results to determine whether the procedure is safe for humans, a process that could take up to one year, Flanagan says.

"At some point in the hopefully not-too-distant future, people with diabetes will have better options available to them," Hering says.

Help support this research

The SDI has benefited tremendously from past philanthropic gifts; however, more help is needed to develop a cure for diabetes. To continue to support the SDI's groundbreaking efforts, make a gift today through the Minnesota Medical Foundation.

Lions Environmental Photo Contest & 2011 Calendar

Once again a Lion from MD5M has been chosen to be featured in the upcoming Lions Calendar. For those of you going to Sydney, please stop by the Exhibition Center to see our entry.

Congratulations to **Lion Curt Murray**
from LaCrescent Lions Club in 5M1.



EDEN VALLEY LIONS CLUBS
ANNUAL SMOKED PORK CHOP
AND
CORN ON THE COB FOOD STAND
AT
EDEN VALLEY'S "VALLEY DAZE"
ON
JUNE 25TH & 26TH

The stand is open from:
11:00 AM to 11:00 PM

Funds raised will go to the area youth programs (Special Olympics, School Choir, School Sports Programs and Others).

DUELM LIONS
ANNUAL
PORK CHOP DINNER
AT
JACK & JIM'S IN DUELM
JUNE 9TH, 2010

LITTLE FALLS
DANDEE LIONS
DAD'S BELGIAN
WAFFLE BREAKFAST
JUNE 13, 2010
8:30-12:30 AM

All you can eat for \$6.50
under 5
years old eat
free.



FERGUS FALLS- NOON LIONS CHARTER NIGHT CELEBRATION

You're invited to attend a dinner and program to be held at:

EAGLES CLUB
105 S PECK, FERGUS FALLS, MN
SATURDAY, JUNE 19, 2010

Social hour: 6:00 p.m.

Dinner: 7:00 p.m.

Program: 8:00 p.m.

PROGRAM:

PAST INTERNATIONAL DIRECTOR B.J. "Ben" WARD

The cost of the dinner is \$15.00 per person. Please R.S.V.P. by June 8th with the number attending to: Wallace Manderud (218) 739-2882 All gifts will be acknowledged and presented during program. If you would like to send a gift, but are unable to attend, please send your gift to: Linda Knutson, Treasurer, 124 Two Rivers Rd, Fergus Falls, MN 56537

Directions: The Eagles Club is a building that looks like a ship, when on South Peck you will run right into the parking lot, S Peck is off Pebble Lake Rd which is also E. Vernon Dr.



4th Annual LeSauk Lions Golf Tournament

Oak Hill Golf Club

Rice, Minnesota

Friday June 4th , 2010

FEE: \$50 per golfer

(Lunch, 18 holes of golf, cart, and dinner)

Registration will start at 11:00 AM. Lunch will be available from 11:15 to 12:00 with a shotgun start at 12:30 PM. The format will be a 4 person scramble. Upon completion of the golf tournament, dinner and a short program with door prizes will follow.

Players/teams will have their spots reserved upon receipt of their checks. Please fill in the player's names if possible. If you do not know the names as of yet, please send the R.S.V.P. with the team check and we can fill it in the day of the tournament.

Player 1 _____ Player 2 _____

Player 3 _____ Player 4 _____

Please return this R.S.V.P. along with a check made payable to "LeSauk Lions Club" to:

LeSauk Lions Club Any questions, call Ron Mumm 320-420-8015

PO Box 211

Sartell, MN 56377

by: May 20th , 2010



PUBLISHER'S CORNER:

This is the last publication of the LIONS TRAVELER. CCE Jim has lead us on a wonderful adventure through LIONISM. It has been a pleasure working with CCE Jim this year in getting all this information out to each of you.

Now we will have to wait and see what DGE Amy has in store for us in the next year of LIONISM.

Thank you again CCE Jim for the privilege to work with you this year.

Believe when you are most unhappy that there is something for you to do in the world. So long as you can sweeten another's pain, life is not in vain.

Quote by Helen Keller

Lion Donna Orstad



5M8 District Governor

Jim Diehl
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St. Cloud, MN 56301



5M8 LIONS EVENTS 2010



- June 04: LeSauk Annual Lions Golf Tournament, Rice, MN
- June 09: Duelm Area Lions Pork Chop Dinner
- June 13: Princeton Lions Airport Brunch, 7:00 AM to 1:00 PM
- June 13: Little Falls Dandee Lions Dad's Belgian Waffle Breakfast at the Little Falls VFW
- June 09: Duelm Lions Annual Pork Chop Dinner at Jack & Jim's
- June 28: Lions International Convention in Sydney, Australia
- Aug 21: Sobieski Lions Ride for Eyes